

Sailing for Everyone — A Sailing Charity not a Sailing Club

Watch Report

busy activity schedule for 2008!

Since arriving at AHOY, Tony Mason has proved through hard work, time and energy his complete commitment to the Centre, he has implemented good ideas and practices at the AHOY. It is refreshing to have his positive attitude on board even when things have not gone according to plan, Tony will be the first to address the issues and has proved that he can learn and grow from these experiences and continues to gain new skills.

Therefore we are pleased to announce that as from the 1st of March, Tony will be appointed as the Water Sports Manager whose role will be in charge of activities, instructors, training & tutoring, volunteer co-ordination and maintenance of both the boats and the building.

As a result of the above this will allow Mandy to concentrate on all other areas where the AHOY needs development. Mandy will be appointed as Centre Development Manager whose new role will be to managing funding, corporate sponsorship, events, outreach and PR. Through these areas Mandy will put into place new ideas, create new contacts by raising the awareness of the AHOY, generate and secure funding to ensure that the Centre continues to deliver on its aims and objectives.

We wish them the best in their new roles, and with your help and support I am sure that they will be very successful.

Best wishes to everyone for 2008

Clive Ongley

Whilst the centre was shut over the two week winter period for activities, work was still going on in the background concerning administration and planning. The result of this has been some reorganisation and a very



Press Gang

Take a look!

- Sailability
- Light House
- Future Plans & Ideas
- Youth Shipmates
- Calendar and Events
- Dates for Diary
- Training Programme

Funding update

Back in December Peter Andrew (Volunteer) kindly attended a funding appraisal in which he had to do a presentation to win funding for Sailability at the AHOY Centre. As a result of this the AHOY was awarded £2,748.00 from Evelyn U-Decide community Fund. This will go toward sailability sessions this year.

Sailability for schools and groups

Sailability days are now starting, these days are offered to groups and services that have user with disabilities in the community to come to AHOY to be given an opportunity to participate in the sport of sailing. These sessions run on the 1st and Last Monday of every month. The 1st session will be on the 28th April.

Sailability Evenings

Regular sailing sessions will start on the evening of the 1st April and then every other Tuesday there after. These sessions are for volunteers with disabilities –so sign up now!

We are looking for a team of volunteers who are able to support and commit to help run these session which will give people with disabilities the opportunity to participate in activities at the AHOY Centre. Dates for all 2008 sessions can be provided on request.

WATCH



Lighthouse

Duty time

If you a member of the duty staff please ensure you arrive on-time to attend the staff meeting, if you are running late please call the Duty Officer 020 8691 7636 (this is not to be used for enquiry calls)

Maintenance

To allow us to have all our equipment and building 'ship shape' for the summer we will require all 'hands on deck'. If you have any free time during the week or on the weekend then please contact Tony to volunteer your time. Some of the jobs that need doing include removing the rust, painting the containers, Gel coat repairs (training given), general maintenance of disability boat and much more!

The AHOY Newsletter

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IDEA: Training Assistant Duty Officers

We are planning to train volunteers up as Assistant Duty Officers this involves being youth group leader, doing volunteer inductions, being second in command at all times; if you feel this is for you then please contact Tony to book yourself in — the training for this will take place on Wednesday 2nd April from 6pm.

You will need to bring your diaries with you! Thanks

Future
Plans &
Ideas

London Marathon Charitable Trust

The London Marathon Charitable Trust was created in 1981, since its inauguration the Trust has donated over £14 million to projects within the capital to meet one of the six objectives detailed by the race founders: "To raise money for the provision of recreational facilities in London". The Trust funds are generated from the profit on events staged by The London Marathon Ltd. In 2003, these included the Flora Light Challenge for Women in Hyde Park, the Adidas Flora London half Marathon and the Flora 1000 Mile Challenge. In addition to the Flora London Marathon. The AHOY centre have been awarded £23,800 for an additional Lugger to expand its activities for people with disabilities and additional equipment to ensure that ALL can access the tidal Thames.

Thank you very much on behalf of Ahoy



Assistant Safety Boat Officer Training
Dates available throughout the year
book in now!!

A Chance of a Lifetime!



Deptford based charity, AHOY (**A**dventure, **H**elp and **O**pportunities for **Y**outh) Centre's Mandy Corcoran has raised awareness of their charity by travelling across the world visiting water sports centres, as a result of winning a Winston Churchill Memorial Trust Fellowship in 2007.

This project was undertaken as a charity initiative to gain inspiration and to bring back ideas and best practice, as well as to research how activities at that the AHOY Centre could be enhanced. The initiative has also helped to develop partnerships, which will hopefully offer disadvantaged young and adult volunteers exchange programmes to broaden their horizons.

Mandy Corcoran, says, 'The AHOY Centre is a charity established to give opportunities to people who would not normally have the chance to learn to sail, race, powerboat and row on tidal Thames. To date we have worked with over 5,000 young people, both able and disabled, to obtain nationally recognised qualifications. We currently work with the young at risk, young offenders, children with behavioural problems, adults & young people with disabilities.

We are in the process of obtaining an old derelict jetty adjacent to the centre. If successful, it will mean that we will be able to introduce possibly three times the number of people from the local community to the activities that we have on offer, at little or no cost apart from the time they give us as volunteers. The knowledge and experience I have gained from travelling to other successful centres in Florida, Seattle, New Zealand and Australia will be crucial in the development of this site and will be used and passed on to others at the AHOY, as well as to the partnerships I develop now and in the future. Most importantly, I wanted to see how these centres have developed their disabled elements, to understand the problems they have faced and how they overcame them. The experience has been truly life changing and I cannot thank the Trust enough'

Peter Baillie AHOY Centre Trustee 'This Fellowship was of tremendous value to the AHOY centre. The knowledge and experience gained as a result of Winston Churchill Travelling Fellowship will enable us to become truly rooted into the local community, as well as being a flagship enterprise and good working model for other centres across the country to emulate'

Volunteer Profile

'We are here to help others'

Name: Sam Lang **Age:** Over 21

Job/Career: PA/Office Manager at a Equality company which buys media companies, including television and radio stations.

How long have you been involved with AHOY? 1 year

What do you do at AHOY? I'm on the management committee and am responsible for PR. I also help with general admin and enjoy power boating when the weather is good.

What do you enjoy most about AHOY? For me it's about giving something back, so I love working with the youth and am hoping to get involved with sailability.

What is your 'Message in a bottle'? Take nothing for granted. Take every opportunity which comes your way - you never know where it could lead.



Name: Sophia Roy **Age:** 11

Job/Career: Student

How long have you been involved with AHOY? 2 years

What do you do at AHOY? I have achieved my stage 3 in sailing, participated in maintenance days and help out with events by giving my time to this cause.

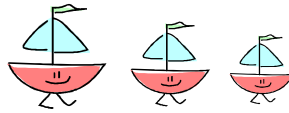
What do you enjoy most about AHOY? Getting to meet both people with disabilities and able people of all ages and having the opportunity of going out on the water.

What is your 'Message in a bottle'? "keep doing a good job with the sailing and get more girls doing this stuff"





Youth Shipmates



We Are Sailing, We Are Sailing

Session Times

Please ensure you turn up for your session on time!

The gates will be open 15 minutes before the session starts and will close 15 minutes after the session finishes.



If you are running late please call the centre and inform the Duty Officer.

If you are over 15 minutes late you will have to remain on land doing maintenance or sent home if we do not have the staff to look after you ashore.

Under the search-light

R L T Q U B K R X J B L W V W X G X B W
 Q U L W Y F Y D Z W R D Q I R N S I W L
 V Y D U R P Y B I N W D Y L B Y O P T Q
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 M K R A A J C X T B I O Y N J Y L C S N
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 A E L P V H Q Q L B T B H M N U B B C M
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Word Search: BOOM, DINGHY, HULL, JIB, JIBSHEET, KEEL, MAINSAIL, MAINSHEET, MAST, RUDDER, SPINNAKER

Making Waves in Deptford

Update from Youth Committee

The youth committee got off to a grand start with their first meeting of the year on the 17th January. The plan is to hold these meetings once every six weeks in conjunction with the Boat allocation evening. The aim of the boat allocation evening is for each member of the youth committee to take responsibility for a boat and to learn how to maintain it and then to pass the skills onto other youth members. Other things that are planned for this year include the usual trips to Burnham on Crouch and on the Lutine, the Pioneer and possibly the Morning Star. There is also a plan to enter more competitions this year including a joint entry with Greenwich Sailing Club to the London Youth Games.

More information will become available nearer the time so watch this space!

An Update From Last Months Log

Young Life Rowing Course

From Saturday 16th February The AHOY Centre held a rowing course for twelve of its shipmate volunteers. The course was run over 4 days both on land and afloat. It started with a fun introduction to rowing which helped to familiarise the young shipmates with the centres equipment, this also included learning basic indoor rowing, developing techniques and doing warm up, games, learning parts of the machines and making up their own games with what they had learnt. Once they had completed their first day's training they were then ready to go afloat. A Waterman Cutter seats 8 people at one time - 6 of whom are rowing, 1 as a cox and the other as a passenger, the remaining 4 young people then had the opportunity to coach from a powerboat, giving their fellow rowers tips and watching the rowing techniques of others. Throughout the course the young shipmates swapped positions within the boat to get the best possible experience. By the end of the course all twelve young people could safely and competently row a Waterman Cutter on the river Thames and were all certified.



Shipmate Sliver - Racing 2nd February 2008

Calendar & Events

See our Website for the whole years activities & events

01-Mar	Sailability Day	10:00	14:00	21-Mar	No water activities		
	RYA Sailing with Spin D1	10:00	17:00	22-Mar	Shipmate Bronze	10:00	13:00
02-Mar	Centre closed				Shipmate Silver	14:00	17:00
03-Mar	Maintenance Day	10:00	16:00		Safety boat course D1	09:30	17:00
04-Mar	Shoremaster Training	12:00	16:00		Shoremaster training	09:00	13:00
	Rope Work Class	18:00	20:30		RYA Level 2 sailing D1	10:00	17:00
05-Mar	Volunteer Induction	11:00	13:00	23-Mar	RYA Level 2 sailing D2	10:00	17:00
	Islington Boat Club PB D1	10:00	16:00		Safety boat course D2	09:30	17:00
06-Mar	Islington Boat Club PB D2	10:00	16:00		Launch and Recovery Train-	11:00	15:00
07-Mar	No water activities			24-Mar	No water activities		
08-Mar	Shipmate Bronze	10:00	13:00	25-Mar	Eltham Green PB D3	09:15	11:15
	Maintenance Day	10:00	16:00		Dry Rowing	18:00	20:00
	RYA Sailing with Spin D2	10:00	17:00	26-Mar	Islington Boat Club Naviga- tion Cost	10:00	16:00
	Volunteer PB course D1	09:30	17:00	27-Mar	AHOY Staff Training Day	10:00	16:30
	Shipmate Sliver	14:00	17:00	28-Mar	No water activities		
09-Mar	Volunteer PB course D2	09:30	17:00	29-Mar	Safety Boat Course Assess- ment	09:30	17:00
	Rigiflex training	10:00	14:00		Assistant Safety Boat Offi- cers Course	10:00	16:00
10-Mar	No water activities			29-Mar	Volunteer Induction	11:00	13:00
11-Mar	Shore master Training	12:00	16:00	30-Mar	River Trip to Eirth	09:00	18:00
	Eltham Green—PB D1	09:15	11:15		Maintenance Day (S-Z)	10:00	16:00
	Dry Rowing	18:00	20:00		Volunteer Induction	11:00	13:00
12-Mar	Volunteer Inductions	11:00	13:00	31-Mar	Maintenance Day	10:00	16:00
13-Mar	No water activities			01-Apr	Shoremaster Training	12:00	16:00
14-Mar	No water activities				Ropework Class	18:00	20:30
15-Mar	RYA sailing Level 1 D1	10:00	17:00		Eltham Green PB Day 4	09:30	11:15
	Shipmate Silver	10:00	13:00		Sailability Evening	17:00	21:00
	Shipmate Bronze	14:00	17:00	02-Apr	Youth sail and BBQ	17:00	21:00
	Volunteer Inductions	11:00	13:00		Rowing Training	18:00	20:30
16-Mar	RYA sailing level 1 D2	10:00	17:00		Volunteer Inductions	11:00	13:00
	RYA First Aid Course	09:30	17:00	03-Apr	No water activities		
17-Mar	No water activities			04-Apr	No water activities		
18-Mar	Eltham Green PB D2	09:15	11:15	05-Apr	Shipmate Bronze	10:00	13:00
19-Mar	No water activities				Shipmate Sliver	14:00	17:00
20-Mar	No water activities				Sailability day	10:00	14:00

Dates
For Diary**Saturday 1st March**

1st Sailability Day of 2008

Saturday 8th MarchMaintenance Day—
Adults Only**Sunday 9th March**

Rigiflex training

Sunday 16th March

Volunteer 1st Aid Course

Saturday 29th MarchAssistant Safety Boat
Officers Course**Tuesday 1st April**

1st Sailability Evening

Wednesday 2nd April1st Youth Evening sail
and BBQContact the Centre for
more details on any of
the above.

Course	Date	Time	Places Taken	Places Left
RYA Sailing with Spinnaker Course (2 days)	1 st and 8 th March	10:00 to 17:00	3	3
RYA Powerboat Level 1 and 2 course (2 days)	8 th and 9 th March	9:30 to 17:00	3	3
RYA Sailing Level 1 and 2 course (4 day)	15 th 16 th 22 nd and 23 rd March	10:00 to 17:00	2	4
Safety Boat Officer	22 nd and 23 rd March	09:30 to 17:00	6	6
Shore Master	4 th March 1 st April	12:00– 16:00 12:00– 16:00	3 0	0 3
RYA VHF Radio	12th April	09:30—17:00	12	12



Training Programme

Contact details — Tel: 020 8691 7606 or Email: admin@ahoy.org.uk - web: www.ahoy.org.uk.
The AHOY Centre, Borthwick Street, Deptford, London SE8 3JY